

Take Charge of Your Health!

...with the latest advances in nutrition and herbal medicine!

*Join us for a **FREE** health seminar and learn how you can optimize health with diet, healthy lifestyle and supplementation!*

Topics include:

- **Cardiovascular Health**
- **Digestive Health**
- **Immune System**
- **Inflammatory Support**
- **Blood Sugar Management**
- **Bone & Joint Health**
- **Mind & Energy Support**

Tuesday, July 22, 2014
6:30-8:00pm

InvisionHealth/Brain & Spine Center

400 International Drive
Williamsville, NY 14221



About Sharon Lawrence, RD CDN

Sharon is a recognized leader in science-based nutrition education and health promotion with over 35 years of experience as a clinical nutritionist, health educator and motivational speaker.

Former affiliations include:

Founder and President of Nutrition Dynamics Health & Healing Center, Clinical Instructor for SUNY Buffalo, Special Studies Faculty at the Chautauqua Institution & "Co-Author of The Grocery Guide to Healthy Food".

Sharon is considered to be one of the ten "Most Influential Women" in Western New York healthcare. She is a frequent guest of health segments on TV and radio and the National Media Spokesperson for the American Menopause Foundation.

Advanced Registration Required. For reservations contact:

716-565-5708

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